

# Palisades Park

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RECORD: Eric 263; "Palisades Park"; Freddy Cannon

FOOTWORK: Opposite except where noted

RHYTHM: Two-Step; Roundalab Phase II

SUGGESTED SPEED: 42-43 RPM

SEQUENCE: **Intro A A B A C D A End**

## Introduction

**1-4 (OP FCG WALL) WAIT 2 MEAS;; APT PT; TOG TCH;**

1-2 Wait;;

3-4 Apt L, -, pt R to DLW, -; tog R, -, tch L to scp lod, -;

## Part A

**1-4 TWO FWD 2 STPS;; TWO TRNG 2 STPS;;**

1-2 Fwd L, cl R, fwd L, -; Fwd R, cl L, fwd R, -;

3-4 Sd L, cl R, trn L, -; Sd R, cl L, trn R, -;

**5-8 BOX;; BK HITCH; SCIS THRU;**

5-6 Sd L, cl R, fwd L, -; Sd R, cl L, bk R, -;

7-8 Bk L, cl R, fwd L, -; Sd R, cl L, X R, -;

## Part B

**1-8 FIGURE 8;;;;;;;**

1-2 Circ awy lf coh L, R, L, -; R, L, R, -;

3-4 (M trns rf, W lf) Circ twd wall L, R, L, -; R, L, R, -;

5-6 Passing rt shoulders Circ twd wall L, R, L, -; R, L, R, -;

7-8 (M trns rf, W lf) Circ tog L, R, L, -; R, L, R, -; end fc coh blend to scp rlod

## Part C

**1-4 CIRC AWAY TWO 2 STPS;; CIRC TOG TWO 2 STPS;;**

1-2 Circ awy lf wall L, R, L, -; R, L, R, -;

3-4 (M trns rf, W lf) Circ tog L, R, L, -; R, L, R, -; end fc bfly coh

**5-8 2 SLO SD DRAW CL;; LACE ACROSS 2-STEP; FC 2-STEP;**

1-2 Sd L, draw R to L, close R, -; Sd L, draw R to L, close R, -;

3-4 Rel trailing hds & join ld hds pass beh W moving diag across RLOD L, R, L to end lop fcg RLOD, -;  
Fwd R, L, R trn to fc ptr & wall in CP, -;

## Part D

**1-4 FC TO FC; BK TO BK; BASKETBALL TURN;;**

1-2 Sd l, cl R, sd L trng ½ lf to a bk-to-bk position, -; sd R, cl L, sd R trng ½ rf to (Op/LOD), -;

3-4 fwd L & ck trng ¼ rf, -, rec on R cont rf trng to end fcg RLOD, -; cont by stepping fwd L & ck trng ¼ rf, -, rec on R cont to end fcg (Op/LOD)

**5-8 LACE ACROSS; FWD 2-STEP; LACE BACK; FWD 2-STEP**

1-2 Sd & Fwd L xibW (W Sd & Fwd R xifM undr jnd ld hnds), Cls R, Fwd L to LOP, -; Fwd R, Cl L, Fwd R, -;

3-4 Jn trlg hnds Fwd L xibW (W Fwd R xifM under jnd trlg hnds), Cl R, Fwd L to LOP, -; Fwd R, Cl L, Fwd R trn to fc ptr & wall in bfly, -;

**9-12 FC TO FC; BK TO BK; BASKETBALL TURN;;**

1-2 Sd l, cl R, sd L trng ½ lf to a bk-to-bk position, -; sd R, cl L, sd R trng ½ rf to (Op/LOD), -;

3-4 fwd L & ck trng ¼ rf, -, rec on R cont rf trng to end fcg RLOD, -; cont by stepping fwd L & ck trng ¼ rf, -, rec on R cont to end fcg (SCP/LOD)

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End

- 1-4 CIRC AWAY TWO 2 STPS;; CIRC TOG TWO 2 STPS;;**  
1-2 Circ awy lf coh L, R, L, -; R, L, R, -;  
3-4 (M trns rf, W lf) Circ tog L, R, L, -; R, L, R, -; end fc bfly wall
- 5-8 2 SLO SD DRAW CL;; FC TO FC; BK TO BK;**  
5-6 Sd L, draw R to L, close R, -; Sd L, draw R to L, close R, -;  
7-8 Sd l, cl R, sd L trng ½ lf to a bk-to-bk position, -; sd R, cl L, sd R trng ½ rf to (Bfly/Wall), -;
- 9-11 FC TO FC; BK TO BK; APT PT;**  
9-10 Sd l, cl R, sd L trng ½ lf to a bk-to-bk position, -; sd R, cl L, sd R trng ½ rf to (Op/LOD), -;  
11 Stp Apt L, -, pt R, -;